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2009 Institutional Members
- Amgen
- Fred Hutchinson Cancer Research Center
- Infectious Disease Research Institute
- Benaroya Research Institute at Virginia Mason
- NWABR
- VWR
- ZymoGenetics
2010 Membership is Open

It’s that time of year again. Time to renew your membership to the Washington Branch.

It’s so easy you can do it right now! Just go to www.wbaalas.org and click on Join Now!

If you just absolutely can not join with a credit card, still go to the web-site and fill out the form, except for the credit card information, print it and mail it with your check to:

WBAALAS
P.O. Box 14356
Mill Creek, Washington 98082-2356

2010 Calendar

Right Now
2010 Membership is open
See http://www.wbaalas.org/

January 22, 2010
Tech Week Party
see page 2

March 4, 2010
IACUC Regional Education Conference
Seattle, WA
see page 4
http://nwabr.org/takepart/iacuc.htm

March 1, 2010
Deadline for
Humanitarian Award Nominations
see page 7

March 2, 2010
Deadline for
Member of the Year
and
Technician of the Year Nominations

March 24, 2010
Spring Educational Trade Fair
Seattle, WA

May 6-7, 2010
District 8 Meeting
Tempe, AZ
see page 9
http://www.district8.org/

October 10-14, 2010
AALAS National Meeting
Atlanta, Georgia
see page 9
www.aalas.org
WBAALAS
1st Annual
Tech Week Party!

January 22\textsuperscript{nd}, 2010
6pm- 9pm

Lynnwood Bucca Di Beppo
4301 Alderwood Blvd
Lynnwood Wa 98036

Members Only – \textbf{Join Now}

No Children Please.

RSVP by January 11\textsuperscript{th} to \texttt{secretary@wbaalas.org}
Our branch needs your help! Not your money—just a little time and enthusiasm, to participate in making our events and activities happen. We are a volunteer organization, and we need more volunteers.

WHY DOES WBAALAS EXIST?
WBAALAS is dedicated to advancing responsible care and use of laboratory animals, and we do that by providing educational activities for our members (like the annual Spring Trade Fair), recognizing our members’ achievements (like the Technician of the Year Award), and providing means for our members to network (such as our picnic).

WHAT'S IN IT FOR YOU?
Volunteering in WBAALAS is a way to show pride in what you do. It’s a way to demonstrate to your colleagues (and supervisors!) and family and friends that you care enough about animals and the people who work with them to give a little of your time and talent beyond what is required. Volunteer service looks great on your resume. WBAALAS volunteering is a gentle way to gain experience in being a leader. It’s a terrific way to meet people. And best of all, it’s fun.

WHAT KIND OF TIME COMMITMENT IS NEEDED?
Our board of directors meets 4 times a year, for about 1.5 hours each meeting, typically getting together just after work. We put in time the day of the Trade Fair, and at special events such as the picnic or holiday parties. Our newsletter editor, webmaster, secretary, and treasurer put in individual time to get their tasks done, typically averaging out to a few hours each month.

WHAT KINDS OF POSITIONS ARE AVAILABLE?
President [elected] (leads the association, calls the meetings)
Vice President [elected] (becomes president the next year, leads when the President is not available)
Secretary [elected] (keeps our membership records and minutes of our meetings)
Treasurer [elected] (keeps track of our bank accounts, deposits money coming in, writes checks for our expenses) Board Members [elected to 2 year terms] (we have two: help plan our activities, support the other board positions)

Committee Chairs (leads activities related to specific committees, such as the following)

Newsletter Editor (puts together the newsletter, coordinates with Secretary to include advertisers, and notify membership when the newsletter is posted to the website)
Program Chair (leads organization of branch activities)
Webmaster (manages our website. Check it out at www.wbaalas.org)
Awards Chair (reviews the award nominations, selects the winners)

WHAT WOULD MOTIVATE YOU TO VOLUNTEER?
What do you want out of your WBAALAS membership? Are there things you’d like to see happening here that we can make real? Other AALAS branches around the country offer events such as weekend workshops, certification study sessions, outings, parties, competitions, community volunteer opportunities… What would you like to be part of, and would you work with us to make it happen? Interested? Contact secretary@wbalas.org and be sure to join us at our party on January 22!
### Tentative Conference Agenda

#### IACUC “Basics”

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>7:00-7:05 am</td>
<td>Welcome</td>
<td>Reitha Weeks, PhD</td>
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<td></td>
<td>NWABR Program Manager</td>
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<tr>
<td>7:05-7:45</td>
<td>“A Pithy Review of Laws and Regulations Governing Animals in Biomedical Research”</td>
<td>Cindy Pekow, DVM, DACLAM</td>
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<td></td>
<td>VA Puget Sound Health Care System</td>
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<tr>
<td>7:45-8:25</td>
<td>“You Want Me To Do What? An Introduction to Protocol Review”</td>
<td>Deb Hickman, DVM, DACLAM</td>
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<td></td>
<td>VA, Indiana Univ.–Purdue Univ. Indianapolis</td>
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<tr>
<td>8:25-8:35</td>
<td>Beverage break</td>
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<tr>
<td>8:35-9:15</td>
<td>“Navigating the Jungle: Pointers for An Effective Program &amp; Facilities Review”</td>
<td>Susanna Cunningham, PhD, FAAN</td>
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<td>UW School of Nursing</td>
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#### General Conference

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
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</thead>
<tbody>
<tr>
<td>9:15-9:30</td>
<td>Welcome and Introductions</td>
<td>Susan Adler</td>
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<td></td>
<td>NWABR Executive Director</td>
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<tr>
<td>9:30-10:30</td>
<td>Session sponsored by lead sponsor</td>
<td>Linda Toth, DVM, PhD</td>
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<td>“Integrating Scientific Goals &amp; Humane Animal Use in Biomedical Research”</td>
<td>Southern Illinois University Medical School</td>
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<tr>
<td>10:30-10:45</td>
<td>Break</td>
<td>Joy Mench, PhD</td>
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<tr>
<td>10:45-11:45</td>
<td>Environmental Enrichment</td>
<td>University of California, Davis</td>
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<tr>
<td>11:45-12:45 pm</td>
<td>Networking Buffet Lunch</td>
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<tr>
<td>12:45-1:15</td>
<td>Updates and “Ask the Experts” Q&amp;A with representatives from USDA NIH OLAW AAALAC International</td>
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<tr>
<td>1:15-1:45</td>
<td>Requalifying/recertifying animals for subsequent studies</td>
<td>David Johnson, DVM, DACLAM</td>
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<td>Cascades Biosciences Consultants, Inc.</td>
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<td>USDA and OLAW Representatives</td>
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<tr>
<td>1:45-1:55</td>
<td>Break</td>
<td>Paul McKellips, Executive V.P.</td>
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<tr>
<td>1:55-2:45</td>
<td>Research Saves Campaign - Increasing public support for animals in research</td>
<td>Foundation for Biomedical Research</td>
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<td>2:45-3:00</td>
<td>Afternoon snacks</td>
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<tr>
<td>3:00-4:15</td>
<td>Mock IACUC Protocol Reviews</td>
<td>Small group discussions</td>
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<tr>
<td>4:15-4:30 pm</td>
<td>Closing, evaluations</td>
<td>Susan Adler</td>
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<td>NWABR Executive Director</td>
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To Some Interesting Websites

http://speakingofresearch.com/

http://www.amprogress.org/

http://www.understandinganimalresearch.org.uk/

http://www.pro-test-for-science.org/links.html
FOR IMMEDIATE RELEASE:
June 16, 2009

Breast Cancer TV Spot Wins Four Telly Awards
“Jen’s Story” is a riveting 60-second TV spot depicting a biomedical researcher, with breast cancer, in search of new breast cancer breakthroughs

WASHINGTON — The Foundation for Biomedical Research (FBR) announced today its television spot “Jen’s Story” has won four Telly Awards in the 30th Annual Telly Awards competition. Founded in 1978, the Telly Awards is the premier award honoring outstanding local, regional, and cable TV commercials and programs, the finest video and film productions, and online film and video.

“This TV spot features a biomedical researcher who studies human breast cancer in rodents,” said FBR president Frankie Trull. “What makes ‘Jen’s Story’ so unique is that she’s a breast cancer patient herself. From research bench to patient bedside, Jen understands the path of animal research discoveries that can lead to clinical trials and ultimately bring a greater quality of life to all breast cancer patients.”

In the 60-second spot Jen tells viewers that she was diagnosed with breast cancer five years ago and after living cancer-free for awhile, her cancer returned. She is currently undergoing breast cancer treatment and therapy while working full-time in breast cancer research.

“Jen’s Story” Telly Awards include: Regional TV & Multi-Market Cable (Low Budget), Regional TV & Multi-Market Cable (PSA), Internet / Online Commercial (Low Budget and Internet), Internet / Online Commercial (Not-for-profit). “Jen’s Story” is available as a free, 60-second PSA for all broadcast use. Please visit www.fbresearch.org for more information.

###

Established in 1981, FBR is the nation’s oldest and largest organization devoted to educating the public about the essential role of humane animal research in the quest for medical advancements, treatments, and cures for both humans and animals. For more information visit www.fbresearch.org.
Call for Ron Orta Humanitarian Award Nominations
by Vickie Riojas

As Chair of the Ron Orta Humanitarian Award, I'd like to take this opportunity to make a plea to get nominations in for this prestigious award! I have been getting a lot of feedback concerning the nominations process and requesting that the qualifications be a bit more detailed without taking anything away from what Allentown has originally developed. Don't be intimidated to write your letter. The person that deserves this award is a well rounded individual that is all about serving their co-workers and goes out of their way to help whenever possible, volunteers for community activities, and is either working on getting certified or involved in getting continued education at any level, or participating in planning education seminars or symposiums, etc. The Committee is inviting everyone to nominate someone without feeling intimidated. Ron was a man who loved everyone and would never be interested in an award bearing his name to be used as a promotional ploy or a popularity contest. Check out the "Guidelines for Nominating a Candidate for the Ron Orta Humanitarian Award" below. You should be able to find at least one, maybe several, who would qualify in your facility! Maybe it's you!

"Guidelines in Nominating a Candidate for the Ron Orta Humanitarian Award"

1) Nominee must be a member from a Branch within the District 8.
   a) Technician, Secretary, IACUC Coordinator, Manager/Supervisor, Director, Branch Officer, Branch Chair, Branch member, or Commercial Member.
   b) You can also nominate yourself.

2) Write your nomination letter and begin it by generally stating why you believe this person should receive the Ron Orta Humanitarian Award and then adding the following:

   a) Examples of how he/she exhibits compassion towards his/her peers. ("Walking the extra mile"...be specific)
   b) Examples of cooperation and involvement in his/her community. (Volunteerism, involvement with FFA, Humane Society, Science Fairs, or other organizations. for example)
   c) Examples of Continuing education. (He/she working on certifications, etc, or participated as a presenter, or involved in promoting or planning a seminar, study group, or symposium.

3) SPREAD THE NEWS!
   a) Send out e-mails or call everyone your nominee knows and ask them to write reference letters.
   b) Reference letters could include items 2) a-c above and be specific as to how they were personally affected by the nominees involvement in these activities or they can add their own.
   c) Reference letters should not be intimidating. Can be long or short...it's content is what will be judged...not appearances. (Suggestion: Get as many reference letters as you can).

4) Send your submission in a manila envelope postmarked by the Deadline of March 1, 2010 to:
   Vickie Riojas
   Animal Resources Center
   PO Box 173640
   (If using Fed Ex use "Building 100" instead of the PO Box)
   Montana State University
   Bozeman Montana 59717
ANIMAL LIFE CYCLES
Puzzle by Frank A. Longa
Edited by Will Shortz

ACROSS
1. Insect that has not yet undergone metamorphosis
6. Stylish
10. Suffix with manner or mystic
13. Constellation between Pisces and Taurus
14. Letters between K and P
15. "___ and the King" (1999 Jodie Foster film)
16. Periods when an animal is developing in the womb
18. "Shoot"
19. Opposite of NMV
20. Newborn dogs
21. Fully developed, as an animal
23. Cut of meat that’s often barbecued
24. Couch that turns into a sleeper: 2 wds.
25. "Hamlet" star Hawke
26. Crow’s cry
31. .035 ounce, in the metric system
32. Tijuana Brass trumpeter Herb
34. Darken in the sun
37. Gumption
38. Insects in the transformation stage between 1-Across and image
39. Ingredient in some vinegars
40. "Wait just a ___"
41. They make a clown look very tall
42. Ages and ages
43. Actor Linden or Holbrook
45. Video game console introduced in 1985, for short
46. "The Balcony" painter Édouard ___
47. Shedding feathers or skin, as some animals do while developing

DOWN
1. Falls behind
2. Greek war god
3. Go up
4. Animal doctor
6. Film fragment
7. Medical insurance plans, for short
8. Motel
9. "Seinfeld" character ___ Kramer
10. Process of sitting on 25-Down while waiting for 27-Down to emerge
11. Entrap, as an animal
12. Paired up for the purpose of breeding
16. Bathing fixture
17. Throw ___ (rant): 2 wds.
18. Animal that is 21-Across
19. Snake’s sound
20. Male deer
21. Without a ___ stand on: 2 wds.
22. Animal that has recently come out of 25-Down
23. Second scale degrees
24. "Vittorio the Vampire" novelist Rice
25. Where a newborn bird is raised
26. No longer allow to suckle
27. Narrow cut
28. On the ocean: 2 wds.
29. Animal that gives birth to live young
30. Trading centers
31. Cream-filled cookies
32. Backs of necks
33. Twosome
34. ___ new standard: 2 wds.
35. Steep, rugged rock
36. Tight-fitting
37. Animal skin
38. Concerning: 2 wds.
39. Sombrero, for one
40. Praise-filled poem
Join us May 6th & 7th at the Mission Palms Hotel in Tempe, Arizona for the 2010 District 8 Conference!

- Participate in workshops featuring Rodent Necropsy, Swine Anesthesia, Rodent Imaging and More!
- Presenting keynote speaker Rebecca Skloot, author of *The Immortal Life of Henrietta Lacks*. 
Job Opportunities

Lab Support is seeking a (3 month) Temporary Associate Scientist- CNS/Behavior for their client in Bothell, WA.

This position will be responsible for in vivo research associated with their CNS/Behavior group, along with cross-training and opportunities with other groups such as Husbandry, Surgery, and Histology. Is responsible for the development, implementation, and validation of new behavioral models as needed. Will also assist in the interpretation and analysis of behavioral data.

Responsibilities will include:

• Performs other non-behavioral technical functions, including drug administration, bleeds, necropsy, and surgical procedures as needed.
• Conducts laboratory research and studies. Must be able to perform all behavioral tasks used in the facility with a high degree of inter-rater reliability with other staff.
• Maintains high level of professional expertise through familiarity with scientific literature.
• Maintains broad knowledge of state of the art principles and behavioral techniques.
• Daily care of research animals in accordance with GLP and other regulatory guidelines.
• Will assist with model development and validation.
• May perform simple surgeries and provide pre and post surgical care.
• Conducts preventive maintenance of facility equipment, as well as being responsible for the maintenance of behavioral equipment.
• May conduct daily rounds and observations to check animal health status.
• Understands and may help develop standard operating procedures.
• Maintains records to comply with regulatory requirements. Perform and participate in quality control and quality assurance procedures.
• Fully complies with all company health and safety procedures and practices.
• Uphold and promote the client’s values.
• Other duties may be assigned
• Requirements:
• BA or BS degree with 2+ years related experience or equivalent. Prefer Bachelors Degree to be in psychology or biology. Experience may substitute for degree.
• An AA or Vet Tech degree with behavioral experience would also be acceptable.
• Must be able and willing to work some weekends, evenings and/or holidays with advanced notice.
• Prior experience in a GLP environment preferred.
• Use fundamental mathematical concepts.
• Familiarity with computer systems.
• Must be able to lift at least 50 pounds and stand for prolong periods of time.

Contact: maya.skolnik@onassignment.com  www.labsupport.com
Lab Support is seeking a (3 month) Temporary **Associate Scientist- Formulations Lead** for their client in Bothell, WA.

You will work closely with both operation staff and project management and will be responsible for the execution, the preparation and formulation of test and control articles for project/contract related experimental work for new drug discovery and development in support of In Vivo Pre Clinical Efficacy studies. The successful candidates will have experience in chemistry, formulation or test article preparation preferably in a GLP environment. This individual will also be responsible for maintaining general lab equip, such as pipettes, balance, etc for the operational group. Animal handling experience relevant to in-life experimentation would be a plus. The ability to follow laboratory protocols and perform procedures in an independent manner would be required.

As a member of this team you will have the opportunity to maintain, organize, present, and discuss data with your supervisor and internal study groups.

Requirements:

- Bachelor’s degree in Life Sciences or Chemistry
- Two to three years’ relevant formulation and testing article preparation experienced preferred
- Prior experience in a GLP environment preferred
- Experience in data entry/analysis, computer software and scientific literature reading comprehension skills desired.
- Must be able to lift at least 50 pounds, stand for prolong periods of time
- Must be able and willing to work some weekends, evenings and/or holidays with advanced notice.

Contact:

[contact email]

[www.labsupport.com]