

NEWSLETTER



2009 Institutional Members

Amgen

Fred Hutchinson Cancer Research Center

Infectious Disease Research Institute

Benaroya Research Institute at Virginia Mason

NWABR

VWR

ZymoGenetics



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NEWSLETTER



2010 Membership is Open

It's that time of year again. Time to renew your membership to the Washington Branch.

It's so easy you can do it right now! Just go to www.wbaalas.org and click on Join Now!

If you just absolutely can not join with a credit card, still go to the web-site and fill out the form, except for the credit card information, print it and mail it with your check to:

WBAALAS P.O. Box 14356 Mill Creek, Washington 98082-2356

2010

Calendar

Right Now

2010 Membership is open See http://www.wbaalas.org/

January 22, 2010

Tech Week Party see page 2

March 4, 2010

IACUC Regional Education Conference Seattle, WA see page 4 http://nwabr.org/takepart/iacuc.htm

March 1, 2010

Deadline for Humanitarian Award Nominations see page 7

March 2, 2010

Deadline for Member of the Year and Technician of the Year Nominations

March 24, 2010

Spring Educational Trade Fair Seattle, WA

May 6-7, 2010

District 8 Meeting Tempe, AZ see page 9 http://www.district8.org/

October 10-14, 2010

AALAS National Meeting Atlanta, Georgia see page 9 www.aalas.org

WBAALAS 1st Annual Tech Week Party!

January 22nd, 2010 6pm- 9pm

Lynnwood Bucca Di Beppo

4301 Alderwood Blvd Lynnwood Wa 98036



Members Only – Join Now

No Children Please.

RSVP by January 11th to secretary@wbaalas.org



Our branch needs your help! Not your money—Just a little time and enthusiasm, to participate in making our events and activities happen. We are a volunteer organization, and we need more volunteers.

WHY DOES WBAALAS EXIST?

WBAALAS is dedicated to advancing responsible care and use of laboratory animals, and we do that by providing educational activities for our members (like the annual Spring Trade Fair), recognizing our members' achievements (like the Technician of the Year Award), and providing means for our members to network (such as our picnic).

WHAT'S IN IT FOR YOU?

Volunteering in WBAALAS is a way to show pride in what you do. It's a way to demonstrate to your colleagues (and supervisors!) and family and friends that you care enough about animals and the people who work with them to give a little of your time and talent beyond what is required. Volunteer service looks great on your resume. WBAALAS volunteering is a gentle way to gain experience in being a leader. It's a terrific way to meet people. And best of all, it's <u>fun</u>.

WHAT KIND OF TIME COMMITMENT IS NEEDED?

Our board of directors meets 4 times a year, for about 1.5 hours each meeting, typically getting together just after work. We put in time the day of the Trade Fair, and at special events such as the picnic or holiday parties. Our newsletter editor, webmaster, secretary, and treasurer put in individual time to get their tasks done, typically averaging out to a few hours each month.

WHAT KINDS OF POSITIONS ARE AVAILABLE?

<u>President [elected]</u> (leads the association, calls the meetings)

<u>Vice President</u> [elected](becomes president the next year, leads when the President is not available) <u>Secretary</u> [elected] (keeps our membership records and minutes of our meetings)

<u>Treasurer [elected]</u> (keeps track of our bank accounts, deposits money coming in, writes checks for our expenses) <u>Board Members</u> [elected to 2 year terms] (we have two: help plan our activities, support the other board positions)

Committee Chairs (leads activities related to specific committees, such as the following)

<u>Newsletter Editor</u> (puts together the newsletter, coordinates with Secretary to include advertisers, and notify membership when the newsletter is posted to the website)

<u>Program Chair</u> (leads organization of branch activities)

Webmaster (manages our website. Check it out at www.wbaalas.org)

<u>Awards Chair</u> (reviews the award nominations, selects the winners)

WHAT WOULD MOTIVATE YOU TO VOLUNTEER?

What do you want out of your WBAALAS membership? Are there things you'd like to see happening here that we can make real? Other AALAS branches around the country offer events such as weekend workshops, certification study sessions, outings, parties, competitions, community volunteer opportunities... What would you like to be part of, and would you work with us to make it happen? Interested? Contact secretary@wbalas.org and be sure to join us at our party on January 22!



http://nwabr.org/takepart/iacuc.htm

2010 IACUC Regional Education Conference Thursday – March 4th – Seattle, WA

Tentative Conference Agenda

6:30-9:30 am

Registration Continental breakfast View sponsor displays

IACUC "Basics"

7:00-7:05 am	Welcome	Reitha Weeks, PhD NWABR Program Manager
7:05-7:45	"A Pithy Review of Laws and Regulations Governing Animals in Biomedical Research"	Cindy Pekow, DVM, DACLAM VA Puget Sound Health Care System
7:45-8:25	"You Want Me To Do What? An Introduction to Protocol Review"	Deb Hickman , DVM, DACLAM VA, Indiana UnivPurdue Univ. Indianapolis
8:25-8:35 8:35-9:15	Beverage break "Navigating the Jungle: Pointers for An Effective Program & Facilities Review"	Susanna Cunningham, PhD, FAAN UW School of Nursing

General Conference

9:15-9:30	Welcome and Introductions	Susan Adler NWABR Executive Director
9:30-10:30	Session sponsored by lead sponsor "Integrating Scientific Goals & Humane Animal Use in Biomedical Research"	Linda Toth , DVM, PhD Southern Illinois University Medical School
10:30-10:45 10:45-11:45	Break Environmental Enrichment	Joy Mench, PhD University of California, Davis
11:45-12:45 pm	Networking Buffet Lunch	Sinversity of Samerina, Bavie
12:45-1:15	Updates and "Ask the Experts" Q&A with represe USDA NIH OLAW AAALAC International	ntatives from
1:15-145	Requalifying/recertifying animals for subsequent studies	David Johnson, DVM, DACLAM Cascades Biosciences Consultants, Inc. USDA and OLAW Representatives
1:45-1:55 1:55-2:45	Break Research Saves Campaign - Increasing public support for animals in research	Paul McKellips, Executive V.P. Foundation for Biomedical Research
2:45-3:00 3:00-4:15	Afternoon snacks Mock IACUC Protocol Reviews	Small group discussions
4:15-4:30 pm	Closing, evaluations	Susan Adler NWABR Executive Director



To Some Interesting Websites



http://speakingofresearch.com/



http://www.nabr.org/





Protectingyour investment in research

http://www.amprogress.org/



ANIMAL RESEARCH .info

http://www.animalresearch.info/en/home



PUSHING FORWARD

http://www.pro-test-for-science.org/links.html



See the video on YouTube Jen's Story



PRESS RELEASE Contact: Liz Hodge lhodge@fbresearch.org

202 457 0654

Breast Cancer TV Spot Wins Four Telly Awards "Jen's Story" is a riveting 60-second TV spot depicting a biomedical researcher, with breast cancer, in search of new breast cancer breakthroughs

WASHINGTON — The Foundation for Biomedical Research (FBR) announced today its television spot "Jen's Story" has won four Telly Awards in the 30th Annual Telly Awards competition. Founded in 1978, the Telly Awards is the premier award honoring outstanding local, regional, and cable TV commercials and programs, the finest video and film productions, and online film and video

"This TV spot features a biomedical researcher who studies human breast cancer in rodents," said FBR president Frankie Trull. "What makes 'Jen's Story' so unique is that she's a breast cancer patient herself. From research bench to patient bedside, Jen understands the path of animal research discoveries that can lead to clinical trials and ultimately bring a greater quality of life to all breast cancer patients."

In the 60-second spot Jen tells viewers that she was diagnosed with breast cancer five years ago and after living cancer-free for awhile, her cancer returned. She is currently undergoing breast cancer treatment and therapy while working full-time in breast cancer research.

"Jen's Story" Telly Awards include: Regional TV & Multi-Market Cable (Low Budget), Regional TV & Multi-Market Cable (PSA), Internet / Online Commercial (Low Budget and Internet), Internet / Online Commercial (Not-for-profit). "Jen's Story" is available as a free, 60-second PSA for all broadcast use. Please visit www.fbresearch.org for more information.
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Established in 1981, FBR is the nation's oldest and largest organization devoted to educating the public about the essential role of humane animal research in the quest for medical advancements, treatments, and cures for both humans and animals. For more information visit www.fbresearch.org.

Call for Ron Orta Humanitarian Award Nominations

by Vickie Riojas

As Chair of the Ron Orta Humanitarian Award, I'd like to take this opportunity to make a plea to get nominations in for this prestigious award! I have been getting a lot of feedback concerning the nominations process and requesting that the qualifications be a bit more detailed without taking anything away from what Allentown has originally developed. Don't be intimidated to write your letter. The person that deserves this award is a well rounded individual that is all about serving their co-workers and goes out of their way to help whenever possible, volunteers for community activities, and is either working on getting certified or involved in getting continued education at any level, or participating in planning education seminars or symposiums, etc. The Committee is inviting everyone to nominate someone without feeling intimidated. Ron was a man who loved everyone and would never be interested in an award bearing his name to be used as a promotional ploy or a popularity contest. Check out the "Guidelines for Nominating a Candidate for the Ron Orta Humanitarian Award" below. You should be able to find at least one, maybe several, who would qualify in your facility! Maybe it's you!

"Guidelines in Nominating a Candidate for the Ron Orta Humanitarian Award"

- 1) Nominee must be a member from a Branch within the District 8.
- a) Technician, Secretary, IACUC Coordinator, Manager/Supervisor, Director, Branch Officer, Branch Chair, Branch member, or Commercial Member.
 - b) You can also nominate yourself.
- 2) Write your nomination letter and begin it by generally stating why you believe this person should receive the Ron Orta Humanitarian Award and then adding the following:



- a) Examples of how he/she exhibits compassion towards his/her peers. ("Walking the extra mile"...be specific)
- b) Examples of cooperation and involvement in his/her community. (Volunteerism, involvement with FFA, Humane Society, Science Fairs, or other organizations. for example)
- c) Examples of Continuing education. (He/she working on certifications, etc, or participated as a presenter, or involved in promoting or planning a seminar, study group, or symposium.

3) SPREAD THE NEWS!

- a) Send out e-mails or call everyone your nominee knows and ask them to write reference letters.
- b) Reference letters could include items 2) a-c above and be specific as to how they were personally affected by the nominees involvement in these activities or they can add their own.
- c) Reference letters should not be intimidating. Can be long or short...it's content is what will be judged...not appearances. (Suggestion: Get as many reference letters as you can).
- 4) Send your submission in a manila envelope postmarked by the *Deadline of March 1, 2010* to:

Vickie Riojas
Animal Resources Center
PO Box 173640
(If using Fed Ex use "Building 100" instead of the PO Box)
Montana State University
Bozeman Montana 59717

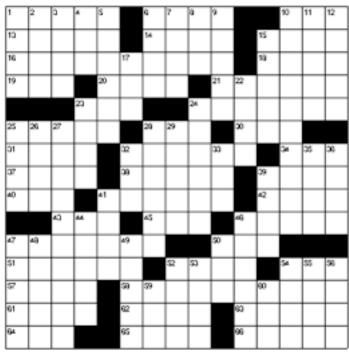
ANIMAL LIFE CYCLES

Puzzle by Frank A. Longo Edited by Will Shortz

ACROSS

- Insect that hasn't yet undergone metamorphosis
- 6. Stylish
- Suffix with manner or mystic
- Constellation between Pisces and Taurus
- Letters between K and P
- "___ and the King" (1999 Jodie Foster film)
- Periods when an animal is developing in the womb
- 18. "Shoo!"
- Opposite of NNW
- 20. Newborn dogs
- Fully developed, as an animal
- Cut of meat that's often barbecued
- Couch that turns into a sleeper: 2 wds.
- 25. "Hamlet" star Hawke
- 28. Crow's cry
- Tax-deferred savings: Abbr.
- 31 . .035 ounce, in the metric system
- Tijuana Brass trumpeter Herb
- 34. Darken in the sun
- 37. Gumption
- Insects in the transformation stage between 1-Across and imago
- Ingredient in some vinegars
- 40. "Wait just a ___!"
- 41. They make a clown look very tall
- 42. Ages and ages
- 43. Actor Linden or Holbrook
- Video game console introduced in 1985, for short
- 46. "The Balcony" painter Édouard ____
- Shedding feathers or skin, as some animals do while developing

The New Block Simes Learning Network



© 2001. The New York Times

- 50. Marino or Aykroyd
- Recording label of Sarah McLachlan and Whitney Houston
- 52. Bathtub buildup
- 54. Place for a jacuzzi
- 57. "The Adventures of Rocky and Bullwinkle" actress Russo
- Substances released by animals that influence other members of the same species
- 61. Garment for Caesar
- 62. "I'm so hungry I could horse!": 2 wds.
- Animal that is 21-Across
- 64. Snake's sound
- 65. Male deer
- 66. Without a ____ stand on: 2 wds.

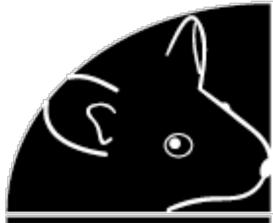
DOWN

- 1. Falls behind
- 2. Greek war god
- 3. Go up
- Animal doctor
- Neat ___ (very tidy): 3 wds.

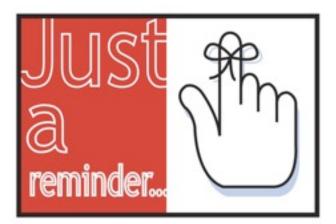
- 6. Film fragment
- Medical insurance plans, for short
- 8 Motel
- "Seinfeld" character
 Kramer
- Process of sitting on 25-Down while waiting for 27-Down to emerge
- 11. Entrop, as an animal
- Paired up for the purpose of breeding
- 15. "When You Wish Upon ___": 2 wds.
- 17. Bathing foture
- Throw ___ (rant): 2 wds.
- 23. Male sheep
- 24. Workout clothes
- 25. They develop in ovaries
- 26. Not false
- Birds, reptiles or fish that have recently come out of 25-Down
- 28. Giving a hint to
- 29. Cider flavor
- 32. Likely

- Second scale degrees
- "Vittorio the Vampire" novelist Rice
 Where a newborn
- bird is raised
- No longer allow to suckle
- 41. Narrow cut
- On the ocean: 2 wds.
- Animal that gives birth to live young
- 47. Trading centers
- 48. Cream-filled cookies
- 49. Backs of necks
- Twosome
- new standard: 2 wds.
- 53. Steep, rugged rock
- 54. Tight-fitting
- 55. Animal skin
- Concerning: 2 wds.
- 59. Sombrero, for one
- 60. Praise-filled poem

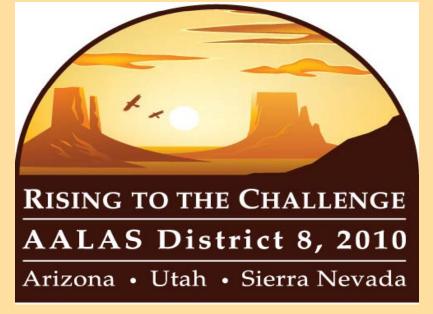








SAVE THE DATE



- Join us May 6th & 7th at the Mission Palms Hotel in Tempe, Arizona for the 2010 District 8 Conference!
- Participate in workshops featuring Rodent Necropsy, Swine Anesthesia, Rodent Imaging and More!
- Presenting keynote speaker Rebecca Skloot, author of The Immortal Life of Henrietta Lacks.

COMMERCIAL MEMBER ADS



Leta ENG BS, RLATG, ILAM client representative

Cell 484 798 9494 • E-Mail: leng@tecniplastusa.com

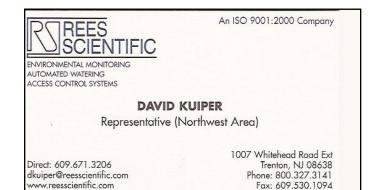




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Andy Smith Vice President

Marshall BioResources
5800 Lake Bluff Road, North Rose, NY 14516 U.S.A.
Phone: 315.587.2295 Fax: 315.587.2109
asmith@marshallbio.com





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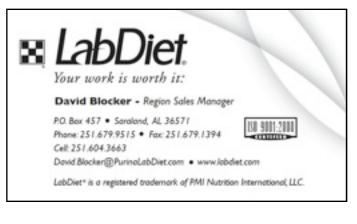
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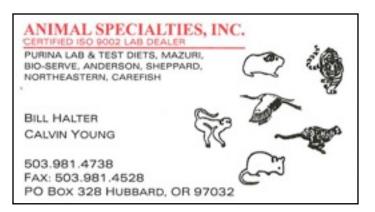
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4678 BETHESDA ROAD
THOMPSONS STATION, TN 37179
tel: 615.790.2349
fax: 615.794.9263
toll free: 1.800.424.9511
e-mail: rebecca@myrtles.com
website: www.myrtles.com





5845 Doyle Street, Ste. 106, Emeryville, CA 94608

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should be based upon the safety and application required; sensitive handling of small animals, cage changing or disposal of bedding materials, procedures, surgeries, necropsy, or transfers. NuAire has the right product to meet your applications.

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1777 East Henrietta Road Rochester, New York 14623-3133 www.getingeusa.com

cell fax voice mail

760-518-9198 585-272-5116

800-475-9040 ext. 4608

e-mail frank.mcfadden@getingeusa.com

ANIMAL LIFE CYCLES

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@ 2001, The New York Times

Job Opportunities

Lab Support is seeking a (3 month) Temporary **Associate Scientist- CNS/Behavior** for their client in Bothell, WA.



This position will be responsible for in vivo research associated with their CNS/Behavior group, along with cross-training and opportunities with other groups such as Husbandry, Surgery, and Histology. Is responsible for the development, implementation, and validation of new behavioral models as needed. Will also assist in the interpretation and analysis of behavioral data.

Responsibilities will include:

- Performs other non-behavioral technical functions, including drug administration, bleeds, necropsy, and surgical procedures as needed.
- Conducts laboratory research and studies. Must be able to perform all behavioral tasks used in the facility with a high degree of inter-rater reliability with other staff.
- Maintains high level of professional expertise through familiarity with scientific literature.
- Maintains broad knowledge of state of the art principles and behavioral techniques.
- Daily care of research animals in accordance with GLP and other regulatory guidelines.
- Will assist with model development and validation.
- May perform simple surgeries and provide pre and post surgical care
- Conducts preventive maintenance of facility equipment, as well as being responsible for the maintenance of behavioral equipment.
- May conduct daily rounds and observations to check animal health status.
- Understands and may help develop standard operating procedures.
- Maintains records to comply with regulatory requirements. Perform and participate in quality control and quality assurance procedures.
- Fully complies with all company health and safety procedures and practices.
- Uphold and promote the client's values.
- Other duties may be assigned
- Requirements:
- BA or BS degree with 2+ years related experience or equivalent. Prefer Bachelors Degree to be in psychology or biology. Experience may substitute for degree.
- An AA or Vet Tech degree with behavioral experience would also be acceptable.
- Must be able and willing to work some weekends, evenings and/or holidays with advanced notice.
- Prior experience in a GLP environment preferred.
- Use fundamental mathematical concepts.
- Familiarity with computer systems.
- Must be able to lift at least 50 pounds and stand for prolong periods of time.

Contact: maya.skolnik@onassignment.com www.labsupport.com

Job Opportunities



A DIVISION OF ON ASSIGNMENT

Lab Support is seeking a (3 month) Temporary **Associate Scientist- Formulations Lead** for their client in Bothell, WA.

You will work closely with both operation staff and project management and will be responsible for the execution, the preparation and formulation of test and control articles for project/contract related experimental work for new drug discovery and development in support of In Vivo Pre Clinical Efficacy studies. The successful candidates will have experience in chemistry, formulation or test article preparation preferably in a GLP environment. This individual will also be responsible for maintaining general lab equip, such as pipettes, balance, etc for the operational group. Animal handling experience relevant to in-life experimentation would be a plus. The ability to follow laboratory protocols and perform procedures in an independent manner would be required.

As a member of this team you will have the opportunity to maintain, organize, present, and discuss data with your supervisor and internal study groups.

Requirements:

- Bachelor's degree in Life Sciences or Chemistry
- Two to three years' relevant formulation and testing article preparation experienced preferred
- Prior experience in a GLP environment preferred
- Experience in data entry/analysis, computer software and scientific literature reading comprehension skills desired.
- Must be able to life at least 50 pounds, stand for prolong periods of time
- Must be able and willing to work some weekends, evenings and/or holidays with advanced notice.

Contact:

maya.skolnik@onassignment.com

www.labsupport.com