



# NEWSLETTER

## Events

[University of Hawaii IACUC 101& 301](#) September 3-4, 2015  
[Assoc. of Primate Veterinarians Workshop](#) -October 28-31, 2015  
[AALAS 66th National Meeting](#) November 1-5, 2015  
[District 8 Meeting during National AALAS](#) November 2<sup>nd</sup>, 5:15 pm  
[WBAALAS Member Appreciation Dinner](#) January, 2016  
[WBAALAS Trade Fair](#) March 23<sup>rd</sup>, 2016  
[NWABR and PRIM&R IACUC Conference](#) March 30-April 2, 2016

## 2015 SUMMER PICNIC



Thanks to everyone who came out for the annual picnic. And thanks to the generosity of our commercial members [Allentown](#), [Ancare](#), Animal Specialties, [Charles River](#) and [Medline](#) for donating to the raffle! Everyone won something in the raffle!

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## Message Board

### National AALAS Election Results

Jennifer C. Smith – Vice President Elect  
 Brian Gillman – Treasurer  
 Laura Mistretta – At-Large Trustee (position 1)  
 Lisa Secrest – At-Large Trustee (position 2)



# Build your network

2

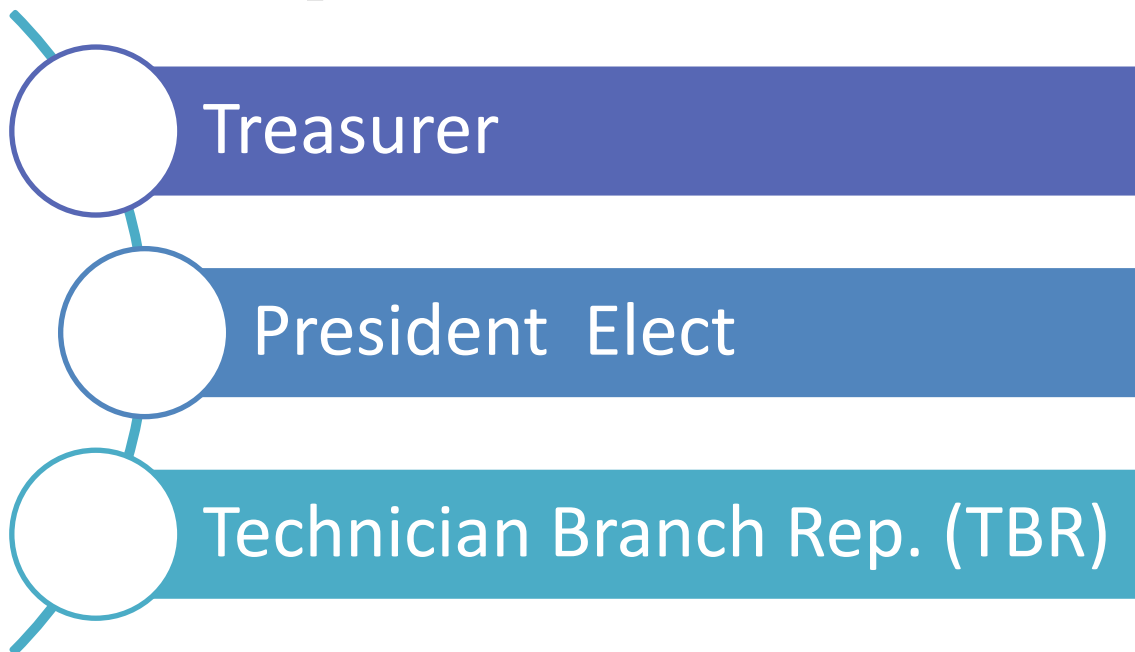
# WBAALAS ELECTIONS

Submit your nomination by October 1<sup>st</sup> 2015

Email your nominations to [secretary@wbaalas.org](mailto:secretary@wbaalas.org)

You are encouraged to nominate yourself.

## Open Positions for 2016



Additional information regarding each position is located on the next page. Please email any questions about the positions to the current members via email. Not interested in an elected position? There are also [several committees](#) looking for volunteers.



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**Treasurer (renewable 2 year term)**

[treasurer@wbaalas.org](mailto:treasurer@wbaalas.org)

**Time Commitment:** Nov-June (7-14 hours a month), June-Oct (2 hours a month)

**Position Duties:**

- Track bank accounts
- Manage bills and reimbursements
- Report to board
  - account balances and withdrawals
- Communicate with Secretary
  - Memberships
  - Event registration
- Check PO Box
- Post to web forum a copy of all receipts

**Qualifications:**

- Board approval of nomination
  - Minor accounting experience
  - Work independently-learn on the job
  - Experience working with confidential information
  - Money management software experience
    - Excel, QuickBooks, PayPal
- 

**President-Elect (3 year term)**

[president\\_elect@wbaalas.org](mailto:president_elect@wbaalas.org) **Position Duties:**

1. **President-Elect** (1<sup>st</sup> year)

- **Time Commitment:** 1-2 hours a month
- **Position Duties:** Learn from current president.

2. **President** (2<sup>nd</sup> year)

- **Time Commitment:** 2-4 hours a month
- **Position Duties:** The President shall preside at all meetings of the Branch and the Board of Directors.
- Run board meetings.

3. **Past President** (3<sup>rd</sup> year)

- **Time Commitment:** 3-5 hours a month in addition to board meetings.
  - **Position Duties:** Provide current president with mentorship regarding the president position.
- 

**Qualifications:**

- Leadership or mentorship experience
  - Effective meeting management
  - Communication skills
- 

**Technician Branch Rep. (TBR)**  
**(renewable 2 year term)**

[tbr@wbaalas.org](mailto:tbr@wbaalas.org)

**Time Commitment:** (1-2 hours a month)

**Position Duties:**

- Serve as a liason between the branch and the national AALAS office
- National Membership required
- Voice for branch technicians
- Help technicians promote biomedical research locally
- Provide professional opportunities to local techs
- Maintain regular contact with other TBRs and Committee on Technician Awareness and Development (CTAD)
- Additional info see [aalas.org](http://aalas.org)

**Qualifications:**

- Review [TBR guidelines](#)
- Interest in outreach to members
- Organizing branch activities
- Participate in district and local branch activities

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## *Message from the Editor*

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### **Meet Andrea S.**

WBAALAS Newsletter Editor

[newsletter@wbaalas.org](mailto:newsletter@wbaalas.org)

**Please consider joining a committee at WBAALAS**

**Time Commitment: 1-2 hours a month**

**Where: From the comfort of your own home**

**Committees: Programs, Elections, Awards, Management  
Information Systems, Newsletter, and Membership**

Email: [President\\_Elect@WBAALAS.org](mailto:President_Elect@WBAALAS.org) to find out more.



**Additional Committee Opportunities:**

Email: [president\\_elect@wbaalas.org](mailto:president_elect@wbaalas.org) to get involved

**Only 1-2 hours a month!!!!**

## **1. Program Committee**

- Plan all Branch sponsored meetings and activities including selection and development of the topic for each meeting, selection of volunteers to present a specific program, meeting location sites, resource planning, and publicity
- Submit program and event descriptions to the Newsletter Committee for publication in the Branch newsletter, to the Management Information System Committee for publication on the Branch website, and/or request Board approval to disseminate information via email to Branch membership.

## **2. Nominations and Elections Committee**

- Nominate Individual Members as candidates for the office of President Elect, Secretary, Treasurer, and TBR

## **3. Awards Committee:**

- Nominate Individual Members as candidates for the office of President Elect, Secretary, Treasurer, and TBR
- Solicit nominations for each award
- Select winners from nominees
- Contact the winners supervisor and confirm Trade Fair attendance
- Have plaques made
- Present awards at Trade Fair

## **4. Management Information System Committee:**

- Planning and acquisition of equipment, software, and supplies necessary to maintain Branch records and produce required data and reports
- Develop policies and procedures for the scheduling and proper use of the equipment and software
- Formulate or review proposed new Branch information systems

- Maintaining and updating the Branch web site including webmaster/host recommendations and security implementation
- Periodically review and propose new technology that will enhance maintenance of Branch records, required data and reports, and communication among Branch membership
- Update social media sites

## 5. Newsletter Committee:

- The Chair of the Newsletter Committee shall also be the Newsletter Editor
- Ideas for newsletter content
- Write article summaries

## 6. Membership Committee

- The Chair of the Membership Committee shall be the Secretary
- Carry out all activities pertaining to membership as directed by the President, such as soliciting membership, notifying delinquent dues members, prepare reports of membership for the Board of Directors and maintain membership lists

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## 2015 WBAALAS NEWSLETTER SUBMISSION DEADLINES

Topics	Issue Month	Article Submission Deadline
<ul style="list-style-type: none"> <li>• <b>Summary from National Meeting</b></li> <li>• <b>Article summaries from the news</b></li> <li>• <b>Featured branch member who works with dogs</b></li> <li>• <b>Prep for Tech Appreciation Week</b></li> </ul>	<b>December</b>	<b>November 23</b>

# Did you register for the 66<sup>th</sup> National AALAS Meeting?

Use the example justification letter in this newsletter on [page 22](#)  
to request travel reimbursement from your employer.

[Register](#) and add to your calendar today!  
Phoenix, AZ November 1<sup>st</sup>-5<sup>th</sup> 2015



Want more information regarding how to  
attend these important events? Read more  
under [Member Information](#) on page 22.





## WBAALAS 2015 ANNUAL PICNIC

*A Big Thanks to our commercial members for donating to the raffle! Everyone won something!*

*If you missed this year's picnic we look forward to connecting with you at the upcoming member appreciation dinner in January 2016.*



### Summer 2015 Picnic Commercial Member Donors

[Allentown](#)

[Ancare](#)

*Animal Specialties*

[Charles River](#)

& [Medline](#)

## Homes for Animal Heroes

A new initiative to foster, train, and place post-research dogs into loving homes has been launched by the National Animal Interest Alliance and States United for Biomedical Research.

[Homes for Animal Heroes Facebook page](#)



## President's Message



Hi Everyone!

Fall is fast approaching and so far it's been a **great** year. We had a great time at the member appreciation picnic in August. Good food, lots of fun and everyone ended up with a raffle prize! As we head into fall we near the time for elections. This year there will be several positions open on the board as well as many other opportunities to get involved. I'd like to **challenge** you all to consider getting involved and giving back. Also – consider your co-workers. If someone you work with seems like a good fit for one of the positions ask them if they would be interested in running. Sometimes all it takes is a suggestion.

Later this fall we look forward to an exciting National AALAS meeting in Phoenix. The preliminary program looks interesting and educational. If you make it to Phoenix come post a note on the WBAALAS bulletin board!

And of course around the beginning of the year we will be hosting another member appreciation event! I hope to hear from many of you interested in getting involved with WBAALAS !

Sincerely,  
Jennifer -WBAALAS President 2015

## REACT Program

### GRC Initiative “AALAS REACTS” Requires Local Branch Participation!

*By Darrell E. Hoskins, DVM, DACLAM*

In the June 2013 issue of *LAS Pro* we introduced you to the grassroots initiative **AALAS Responding Effectively Against Congressional Threats to Science**, or **AALAS REACTS**. This initiative, sanctioned by the National AALAS leadership, and championed by the Government Relations Committee (GRC), has been designed to leverage the enormous clout of our 13,000 person strong membership to influence federal legislative actions that could impact laboratory animal science. The stated goals of the initiative are to:

- Create a single voice from the 13,000 members in the lab animal science community
- Mobilize our membership quickly when needed
- Educate our members about current legislation, policies, the legislative process, and key points during the process where our voice can have the greatest positive impact

#### **AALAS REACTS is EASY!**

The foundational strength of “grassroots” influence is that legislators are typically very receptive to the individual concerns, interests, and informed input of their voting, tax-paying constituents (like all of us). History has clearly demonstrated that large numbers of individual emails and/or letters to our congresspersons can have a profound effect on legislative outcomes. That is how our 13,000 person strong membership can be transformed into a substantial voice for good, if effectively harnessed!

Thanks to the computer age, the technology and resources exist to make coordinated, individual communication with your representatives VERY fast and easy. Using the electronic tools that are made available to you through the AALAS REACTS initiative, you can send pre-written, or customized communications to your specific congresspersons in, literally, a matter of seconds, and with only a few mouse-clicks!

The mechanisms are in place! The rest requires your active participation.

#### **AALAS REACTS Requires Branch Support in 2015!**

During 2015 the GRC will be working diligently to ensure that the framework is in place at the local branch level to maximize awareness of, and participation in, the AALAS REACTS initiative. To that end, a new local branch leadership position has been created called the Legislative Action Coordinator (LAC). We are asking that all local branches designate one individual to serve as the LAC, who will be the branch’s point of communication with the national AALAS office and the GRC regarding legislative issues of concern. The LAC will disseminate email requests from the national office to individual branch members encouraging them to communicate to legislators regarding pending laws, amendments, or other issues requiring rapid response. The local, personalized encouragement of LACs is critical if the successful, large-scale grassroots responses possible through AALAS REACTS are to be realized.

*So little effort required. So little time required. So enormous the potential benefit to science.*



## 2015 NWABR Gala Highlights

### By: Susan B.

The 2015 NWABR Speak Up for Research Gala was held on June 19, 2015 at the Museum of History and Industry. It was a fun evening with many local researchers and supporters in attendance. It was fun to wander around the Seattle history displays while sipping a beverage and nibbling on hors d'oeuvres. Guests were encouraged to have a picture taken showing their support for research and we could “fill in the blank” for why we support research. A buffet dinner was followed by the always-popular dessert auction.



The highlight of the evening was hearing the honorees tell their stories. Dr. Saul Rivkin founder of [The Marsha Rivkin Center for Ovarian Cancer Research](#) was the recipient of the Dr. Alvin J. Thompson Award. Dr. Rivkin gave a great talk about his early years in research, his late wife’s diagnosis of ovarian cancer, which led him to found The Center, and his continuing work up until his recent

so called [retirement](#). Dr. & Mrs. Rivkin had five daughters, so you can imagine he would be passionate about curing ovarian cancer. “His five daughters went to work organizing the first annual Swedish [SummeRun](#) benefiting the Marsha Rivkin Center.”<sup>1</sup>



Kat Tiscornia was the recipient of the Buster & Nancy D. Alvord Award. Kat is a remarkable young lady, excellent speaker and cancer survivor. She was diagnosed with Ewing Sarcoma while she was in the 8<sup>th</sup> grade and during the course of her treatment set a goal is “to raise money to help my doctor, Dr. Douglas S. Hawkins, improve cure rates, treatments, and reduce the risks of long-term effects from this disease and the associated treatment.”<sup>2</sup> It was amazing to hear such a young woman give such a remarkable speech. You can read her entire story [here](#).

*Thank you to **NWABR** for all you do for the research community and thank you to everyone who supported the Speak Up for Research Gala.*



Photo of Ken Gordon- NWABR Executive Director

To see more pictures from the event check out the NWABR [Facebook](#) page.

<sup>1</sup> <http://www.marsharivkin.org/about/rivkin.html>

<sup>2</sup> <http://givetoseattlechildrens.org/katsdonations>



# TBR NEWS & VIEWS

Quarter 3 2015

## Southern California

The Southern California Branch enjoyed an exciting Family Fun Day/Member Appreciation Event in July along with the Palms to Pines branch. Roughly 75 branch members and their guests visited the Santa Ana Zoo for lunch and a behind the scenes tour. Everyone enjoyed a catered lunch in a private area before being lead on a tour of the zoo by the zoo veterinarian. Members and their guests learned about the unique aspects of caring for zoo animals and how some of the same regulations that govern lab animal use cross over into zoos. It was a lovely day for everyone to connect, learn something new, and enjoy the day with their families. Coming up in September, SCBAALAS will be hosting a rodent blood collection wet lab at UCLA. Be on the lookout for more information coming soon!



## Washington

The Washington Branch celebrated our annual summer picnic for members near the shores of Lake Union at beautiful Gas Works Park. Members enjoyed delicious BBQ with friends, family, kids, colleagues, games, pets, and raffle prizes! A Big Thanks to our commercial members for donating to the raffle - everyone in attendance won something! For those who missed this year's picnic, we are looking forward to connecting at the upcoming member appreciation dinner in January 2016. Stay tuned to the WBAALAS Events page at <http://www.wbaalas.org/wbaalas-events/> for details on upcoming branch happenings.

The Branch would also like to announce the publication of the latest WBAALAS Newsletter and invite everyone to check it out on our website at <http://wbaalas.org/news/>. It's available as printable version so you can share it with others.



## Oregon

OALAS attended the After Dark Wild Wild West event at OMSI (Oregon Museum of Science and Industry). Those in attendance were able to enjoy a child-free visit to the very popular museum.

Our summer social activity was a picnic at the Oregon National Primate Research Center. Attendees were able to tour the grounds, seeing some of the outdoor-housed monkeys.

We have had increased requests to join our Facebook page and are finding that a useful tool for improving communication to the membership.

Our Winter Banquet will be held on Friday, January 22, 2016 from 6:30 – 9:30pm at McMenamins Old Church, Wilsonville, OR



## Northern Rocky Mountain

The Northern Rocky Mountain Branch had another great Yellow Bay meeting in June. We had many great speakers from all over with great information to share. It was great to see all the new faces this year as well! Our fantastic member Rhonda and her killer art skills has already finished our branch entry for the art contest for the AALAS Foundation. Rhonda did an amazing job on it! University of Montana had their triennial AAALAC Inspection on July 9<sup>th</sup> and July 10<sup>th</sup>. They had a very positive Inspection, and their UM President and Vice President of Research hosted a nice celebration party for their group at the Holiday Inn.



## Sacramento Valley

The Sacramento Valley's monthly lecture series has continued with a well-attended lecture from Dr. Kristin Evans on "At the forefront of precision medicine -modeling using CRISPR technology". We also had a representative from Genentech discuss their new groundbreaking genotyping technique titled "Achieving substantial throughput and quality gains via acoustic droplet ejection: a new workflow for mammalian genotyping". Lastly, we had our biggest attendance yet at 32 participants present for Dr. Rhonda Oates lecture "Cranial implants 101". We have been raffling off gift cards and branch t-shirts at our lectures and we think this has contributed to our recent increase in attendance.

Outside of our lecture series, the SVAALAS board has elected Ted Tracy to attend the Leadership Academy at the National Convention in Phoenix, Arizona! Those that are attending the conference are very excited to meet members of the other branches and the other TBRs. We are also looking forward to a barbecue social that will be held at Antibodies Incorporated as well as a highly anticipated Osmotic Mini-pump wet lab which will be held at UC Davis on September 26<sup>th</sup>. Stay tuned!

## San Diego

Our summer event in July was a blast at Jolt N'Joes. Pool tables, dance floor, great food and drinks, as well as wonderful raffle items. We also announced our very deserving SDAALAS technician of the year, Jorge Morales from Sanford Burnham Prebys Medical Discovery institute.



*SDAALAS Tech of the year; Jorge Morales.*

As for outreach, we have a unique opportunity at the California western school of law to enlighten the student body regarding the animal laws and regulations that go into research. Moving forward, we will also be attending the High Tech Fair and Encuentros STEM career exploration and education conference in October.

Our fall symposium is also right around the corner in September; a day full of inspiring speakers.

We are also in the process of offering a "new year, new you" mini leadership academy in January to start off the New Year with this motivational event. It is an exciting opportunity for those who want to develop their leadership skills and learn more about volunteerism in the AALAS community!



## 2015 SUMMER TRUSTEE REPORT

*Greetings District 8,*

This summer we attended the Board of Trustees business meeting and Leadership Summit in Memphis and we have items to share with you.

The 2015 elections concluded on June 30<sup>th</sup> and we congratulate our new officers and trustees:

Jennifer C. Smith – Vice President Elect

Brian Gillman – Treasurer

Laura Mistretta – At-Large Trustee (position 1)

Lisa Secrest – At-Large Trustee (position 2)

Next year we will have elections for our District 8 Trustee, so start thinking about if it is a job you would like to do! If you have any questions about the position we would be happy to chat with you.

Here are highlights from the business meeting. The full meeting minutes are posted on the [AALAS website](#).

•

The big news is changes to the Ben Cohen Branch Education Fund (BCBEF). The fund was in danger of running out of money and needed to be restructured for sustainability. In evaluating all of the past awards it was found that the overwhelming majority were used to fund speakers. The fund has been revised to be a branch only award of up to \$500 per branch to bring in external speakers who bring a unique subject matter to the meeting. The details and the application can be found here [BCBEF](#).

Morag and I would be happy to assist any branches with questions or applications.

•

The Government Relations Committee has drafted a response to a petition, *Ethologically Appropriate Standards for NHPs in Research* which was approved by the AALAS Executive Committee.

•

The Executive Committee has also provided a letter of support to the Society of Lab Animal Veterinary Technicians (SLAVT) to develop a certification for RVT/CVT practicing in the laboratory animal science field.

•

A tremendous amount of data was collected through the online and telephone surveys on membership. The response was excellent and representative of every aspect of the membership. The data is still being analyzed and will help AALAS to continue to serve the needs of our membership.

•

The site of the 2021 National Meeting was voted on by the BOT and we will see you in Kansas City!

•

There were several committee changes approved including the restructuring of the Government Relations Committee (GRC) and the sun setting of the Professional Development Coordinating Committee (PDCC) and the Global Partners Advisory Council (GPAC). The PDCC served its role of developing specialized online course programs and this will be continued through the Online Learning Committee (OLC). GPAC will be replaced with a Global Exchange meeting to be held during the National Meeting and comprising the international groups that have an official liaison with AALAS, Global Partner members, and the AALAS-FELASA working groups.



•  
The Laboratory Animal Breeders Association was voted in as a new Affiliate Organization.

•  
Support for Scholarships through ICLAS for veterinary education in Laboratory Animal Science was approved. AALAS will contribute \$1000 per year for the next 5 years to be awarded to veterinarians who live and work in developing nations. The scholarships are for specific educational programs. In addition, the awardee will also receive a one year Silver AALAS Membership, and a one year subscription to the AALAS Learning Library to encourage them to become part of the AALAS community.

•  
Disbursement of excess funds from the audit year 2014 was approved as:

- \$50,000 - GLAS Fund
- \$20,000 - Ben Cohen Fund
- \$12,000 - Database Upgrade
- \$ 6,000 - ALL – add security module & web service for training data
  - \$13,000 - AC unit/system for server room
  - \$ 871.80 - to remain in Operating account

•  
For those of you attending the National Meeting in Phoenix we will have our District 8 Membership Meeting on Monday, November 2<sup>nd</sup> starting at 5:15 pm.

Please remember to book your rooms within the AALAS room blocks. Use this link to access the [reservation portal](#).

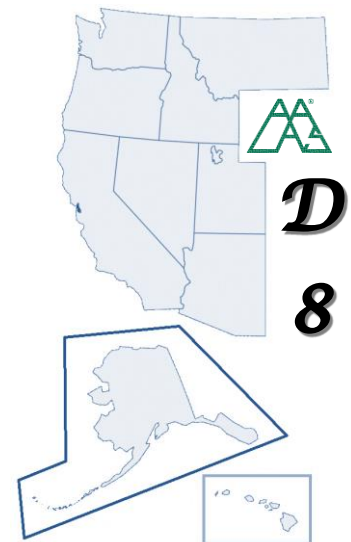
As your district trustees, please don't hesitate to call on us for any questions or concerns you may have. It is a great pleasure and honor to serve as your Trustees.

Warm Regards,

Morag Mackay [morag@lji.org](mailto:morag@lji.org)

Amber Carte [acarte@fredhutch.org](mailto:acarte@fredhutch.org)

District 8 AALAS website: <http://www.swaebr.org/subsite/>



# Have you been to the Washington Branch AALAS Learning Portal?



## Washington Branch AALAS

[dashboard](#) [resources](#) [catalog](#)

Enter your keywords and click search...

Search



### Aseptic Technique in Rodent Surgery

These eight short video tutorials serve as a comprehensive guide to help research workers apply best practice in aseptic surgical techniques in laboratory rodents. The material was developed by Newcastle University with the support of the Institute of Animal Technology and t...[read more](#)

Rate



Content

8 modules

Enroll in Course



### Handling and Administration of Substances in Mice and Rats

A series of short video tutorials to assist research workers develop their skills in handling and the administration of substances to laboratory animals. The material was developed by Newcastle University with the support of the Institute of Animal Technology and the NC3Rs. ...[read more](#)

Rate



Content

11 modules

Enroll in Course

### Quick Links



Catalog



Messages



Questions

### August 2015

sun	mon	tue	wed	thu	fri	sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

[View Larger](#)

Set-up your **FREE** account [here](#) and enjoy access to courses on Aseptic Technique in Rodent Surgery, Handling and Administration of Substances in Mice and Rats, and access to an eModule developed by FLAIR E-LEARNING (UK) providing an introduction to laboratory animal anesthesia. Later this year expect to see links to free webinars on topic such as safety, IACUC, AAALAC, and laboratory animal biotechnology.

The branch launched a new feature in the [portal](#) you will find very handy - you can now track **all** of your CEUs in the Washington Branch AALAS Learning Portal, even those earned outside of the portal. That makes it really easy to see where you stand when renewing your "R" for certification or during performance reviews.

Website: [wbaalas.learnupon.com](http://wbaalas.learnupon.com)

Early next year the branch will offer self-paced ALAT study courses through the Learning Portal with quizzes, worksheets, videos, games and access to a personal eTutor to help technicians earn their first certification. You will also see [blended](#) LAT and LATg study courses too. It's going to be a big year for technician learning in 2016!

Access to the Washington Branch AALAS Learning Portal will become a **WBAALAS members-only benefit starting in 2016**, so be sure to sign up using the link above and [tell us](#) what you'd like to see added to the catalog.

## WBAALAS Member Information

**Do you want to attend regional or national conferences to increase your technical skills and professional development? **Ask!** Sounds too simple?**

Just ask, because if you don't ask for the support from your employers you may never know it was possible to get reimbursed or receive partial travel support to attend these important meetings.

Do the work for your supervisor and gather all the information required. Leave no opening for questions and write up a justification letter that outlines and explains why your employer needs to support your attendance. It might not work every time but you may find yourself closer to getting the support you need attending a conference you never thought you could have before. Please use the examples below edited from PRIM&R's [website](#).

### **Justification Statement Example:**

The (CONFERENCE NAME) will connect me with other professionals from both public and private institutions in the field of animal care. The information learned at the meeting will increase my technical skills and knowledge to better care for the lab animals at (EMPLOYER). I will be able to share the information I learned during the meeting with coworkers and implement (IMPROVEMENTS) in the facility.

### **Justification Letter Example:**

Dear [SUPERVISOR'S NAME],

I would like to attend (CONFERENCE NAME), which will be held in (LOCATION), (DATE), with preconference programs on (DATE).

The (CONFERENCE NAME) will connect me with research professionals from public and private institutions, federal government offices, industries, and academia. The meeting will give me insight into longstanding and late-breaking issues and regulations affecting research involving animals and research oversight, and will provide the tools and strategies necessary to do my job more effectively and efficiently. It will also provide invaluable face-to-face interaction with subject matter experts and peers who have faced similar challenges.

Some of the benefits I'll receive from attending (CONFERENCE NAME) include:

- The ability to earn up to [NUMBER] CEUs
- [NUMBER] educational sessions [or speakers]
- Pre-conference programs
- Updates from key regulatory agencies
- Networking opportunities and events for peer-to-peer engagement
- [BENEFITS]

After reviewing the (CONFERENCE NAME) program, I found several [SESSIONS or TOPICS] that would directly contribute to my knowledge and understanding about how we can [insert problem you anticipate solving or lesson you will learn]. I've included a short list below:

- [INSERT PROGRAM]
- [INSERT PROGRAM]
- [INSERT PROGRAM]

I'll be able to gain contacts in the field and share the major takeaways and tips I acquire during the conference with key personnel throughout our organization. Furthermore, I plan on taking full advantage of the reduced hotel and flight rates offered. The total cost amounts to [\$00.00] with the following breakdown:

Conference Registration Fee: [\$00.00]

Roundtrip Airfare: [\$00.00]

Transportation [\$00.00]

Hotel: [\$00.00]

Meals [breakfast/lunch provided]: [\$00.00]

Thank you for your consideration. Please note the [EARLY BIRD, REGULAR, or LATE] registration rate ends [DATE]. To learn more about the (CONFERENCE NAME), please visit [WEBSITE].

Sincerely,  
[INSERT YOUR NAME]

## **NWABR's regional IACUC conference will be held March 31, 2016 in conjunction with the PRIM&R Conference**

PRIM&R  
**2016 IACUC Conference** Bellevue, WA March 30-April 2  
Pre-conference Programs March 30  
NWABR Annual Meeting March 31

About ▾ Location ▾ Registration ▾ Supporters & Exhibitors ▾



**Submit a Poster Abstract**  
Conduct empirical research in the field of animal care and use? Have you implemented a program to improve the functioning of their institution's IACUC? [Learn more >>](#)

# Click the image above for additional information

## Submit a Poster Abstract to the

## 2016 NWABR and PRIM&R IACUC Conference

**Call for Poster Abstracts:** Those who conduct empirical research in the field of animal care and use, or have implemented a program to improve the functioning of their institution's IACUC, are encouraged to submit an abstract to be considered for a poster presentation. In addition, some poster authors may be invited to present a breakout session on their work.

[Learn more](#) | [Guidelines](#) | [Submit an abstract](#)

The deadline for submissions for both posters and proposals is **October 2**, and submitting authors will be informed of their proposal status by November 30. These calls are open to both members and nonmember

### AALAS Foundation Booth Volunteers



Hi Everyone, It's time to begin soliciting volunteers to sign up and help out at our booth at this year's National Meeting!

Below is a link to the online sign-up form. You'll note the time

slots are for one hour shifts. Please feel free to sign-up to help out as much as your National Meeting schedule will allow!

<https://docs.google.com/spreadsheets/d/15a1yiSstJdefe-l19yv9qX8Z0f1-lhbGVrNfXk85poY/edit?usp=sharing>

I'm looking forward to another SUPER FUN TIME at the Foundation Booth in Phoenix!!

Please let me know if you have any problems accessing the online form.

Thanks!

Vicki Campbell  
Foundation Administrator

American Association for Laboratory Animal  
Science Foundation  
9190 Crestwyn Hills Dr., Memphis, TN 38125-8538  
[vicki.campbell@aalas.org](mailto:vicki.campbell@aalas.org)  
901-754-8620 | 901-756-8103 (fax)  
[www.aalas.org](http://www.aalas.org)  
[www.aalasfoundation.org](http://www.aalasfoundation.org)  
[www.facebook.com/aalasfoundation](https://www.facebook.com/aalasfoundation)

### News in Lab Animal Magazine

Lab Animal Magazine this summer published an article written by current AALAS President Cindy Buckmaster titled, "Ain't no shame in namin'". The article mentions a radio interview based around the same topic, listen to it [here](#). A key point made by Cindy in her printed article:

*We are expected to learn, respect, address and monitor [animals] needs carefully to minimize variability in our studies. Doing this well requires that we bond with our animals, and naming solidifies our connection. -Cindy Buckmaster*

Buckmaster, Cindy A. "Ain't no shame in namin'" *Lab Animal*. June 2015: 237. Print



## ALN Magazine article summary

ALN recently surveyed lab animal care staff regarding compassion fatigue. Those survey comprised of; animal technicians, veterinarians and managers. To find out more please follow the [link](#) to read the short but informative article and check out the parent article regarding preventing burnout as well.

Kelly, Helen. "Preventing Compassion Fatigue in the Vivarium." *ALN Advantage Business Media*, 3 June 2015. Web 8 Aug. 2015.

## Publish Your Work



Lab Animal Magazine recently shared the following message with their subscribers.

Are you developing a useful new technique with lab animals? Do you have fresh data from an animal study or experiment? Have you discovered new tips for managing facilities and caring for research colonies?

We'd like to share your work and experience with the broader research community! Lab Animal is the premier peer-reviewed publication for professionals in the field of laboratory animal science. We cover topics in research, husbandry, regulations and other areas that are essential to the study and care of animals in the laboratory environment.

Let us know what you've learned! Submit your idea or manuscript by email to [editors@labanimal.com](mailto:editors@labanimal.com) or visit <http://www.labanimal.com/labanimal/authors/> for more details.

*Don't let one bad day ruin  
your outlook.  
Think of all that you have  
accomplished during the other 364  
days of the year! You are not the sum  
of one bad moment, you are so much  
more!!!!*



## Vivarium Manager Roundtable

The WBAALAS has started a Vivarium Managers Roundtable as a forum for managers to interact with their peers. It provides an opportunity to share your methods and learn some new ones. The meetings are held every 3 months and held at a different institution each time. The next meeting will be at IDRI on Sept 17 at noon, lunch will be provided. If you are a manager of a local facility and would like to attend, please RSVP to [roundtable@wbaalas.org](mailto:roundtable@wbaalas.org). Seating is limited.

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