

# WASHINGTON BRANCH AALAS

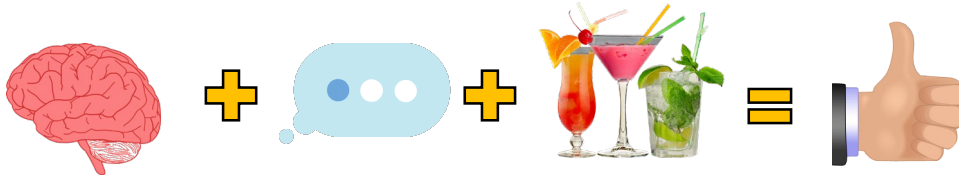


## Save the Dates!

### FREE WEBINAR & NETWORKING EVENT

DATE/TIME: JUNE 26, 4:00PM WEBINAR, 6:00PM HH

LOCATION: NOVO NORDISK



Join WBAALAS for learning, libations, and free CEUs. We will re-broadcast the AALAS Webinar *Care About the Animals: Care About Science*. Free for WBAALAS members and non-member guests. Visit [wbaalas.org/wbaalas-events](http://wbaalas.org/wbaalas-events) to RSVP!



DATE: SATURDAY, AUGUST 10

TIME: 11:00AM – 2:00PM

LOCATION: GOLDEN GARDENS PARK

PICNIC SHELTER #2, EXTRA TABLES TOO!

Sunshine, games, and food! The annual Summer Picnic is FREE for all 2019 WBAALAS members, families, friends, and pets.

This year we will recognize our Technician of the Year Award and Member of the Year Award recipients. Visit [wbaalas.org/awards](http://wbaalas.org/awards) to nominate yourself or a colleague.

## SNEAK PEEK

02

President's Message

03

HeroRAT Chewa Update  
Member "Tails"

04

Recommended Reading

06

Happenings in Local Science

08

Award Nominations

10

Catching up with D8

12

Catching up with AALAS

13

Learning with WBAALAS

14

WBAALAS Job Board

15-16

Featured Members

# CATCHING UP WITH WBAALAS

## WBAALAS PRESIDENTS MESSAGE

Greetings WBAALAS Members!

Thank you to everyone who made it to the **2019 AALAS District 8 Meeting!** It was a beautiful venue right in the heart of downtown Seattle and we had some amazing speakers and vendors. You all provided some great feedback that will help to make this meeting even better in the future and we are excited to see what the **2020 District 8 Meeting** has in store for us, which will be held in **Sacramento, California April 9-10<sup>th</sup>** so save the date! It was a huge accomplishment to put on this meeting and I would like to thank all of the lovely volunteers for donating your time and helping to make this a success.

The end of this month we have our [Q2 Webinar Networking and Happy Hour event!](#) It will be hosted at **Novo Nordisk on Wednesday June 26<sup>th</sup> from 4-6pm**, followed by free food and drinks! The webinar this quarter is [Care about the Animals: Care about the Science](#) and will describe with real data where changes in animal welfare, caging, and technology can and has improved the quality of the data gained from in vivo studies. Make sure to RSVP and come learn about a valuable topic in lab animal science, share your experiences, and meet others in the field!

Lastly (but certainly not least) coming up on **August 10<sup>th</sup>** we have our annual [Summer Picnic at Golden Gardens Park!](#) Please come join WBAALAS for some beautiful summer weather, great food, games, and prizes. We will also be announcing the winners of the [Ron Orta Member of the Year Award](#) and the [Bette J. Varnam Technician of the Year Award](#), so you do not want to miss out! Keep an eye out for an RSVP invitation. Family, friends, and pups are welcome!

I hope you have a great summer and I can't wait to see you all at the upcoming events!

*Sakara P.*

WBAALAS President 2019

[president@wbaalas.org](mailto:president@wbaalas.org)

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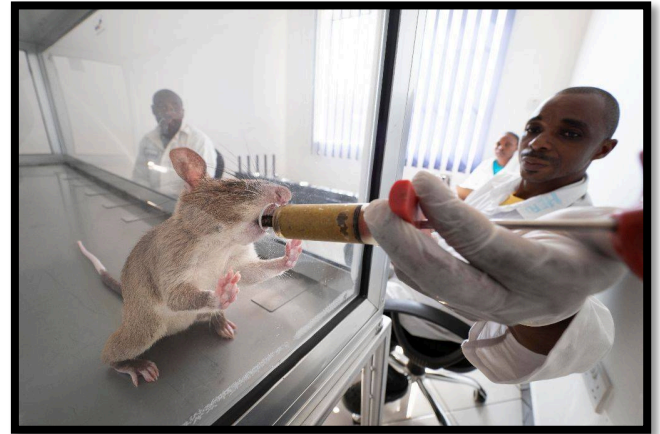
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# CATCHING UP WITH WBAALAS

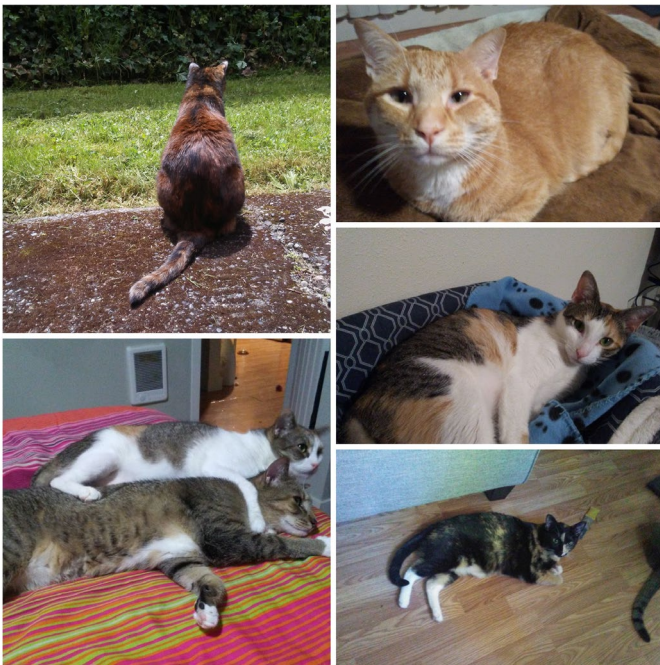
## HERORAT CAROLINA

In March 2019 Carolina sniffed through an impressive 2,320 samples scoring an accuracy rate of 86%. Her sensitive nose identified an additional 39 cases of tuberculosis (TB) that were originally missed by local clinics. Those 39 people, following confirmation by World Health Organization approved tests, will be able to start treatment. With support from local clinics and partners, they'll also be better able to recognize the signs of tuberculosis and keep an eye out for it amongst family and friends.





When she's not working, Carolina is able to play, socialize, rest and eat a healthy mixed diet.

## WBAALAS MEMBER "TAILS"



<https://www.facebook.com/spudcomics/>

## GREETINGS AND SNUGGLES!

From Whiskey, AJ, Littles, Tony,  
Penny, and Montana  
 (Member Julie Bs critters!)  


# CATCHING UP WITH WBAALAS

## RECOMMENDED READING



Recommended by Ken Gordon,  
Executive Director [NWABR](#)

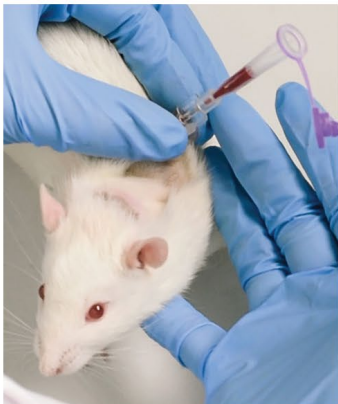
### AGONY AND IVORY

*Sam Wasser pours his intense passion for protecting wildlife into research and catching poachers*

[Read the Seattle Times article here.](#)

This is an awesome article about Sam Wasser and his work in conservation biology. Sam was keynote at the annual IACUC conference hosted by the Northwest Association for Biomedical Research (NWABR) in April this year. NWABR is working with Sam to find a date so that he can share this vital work with a public audience. [#ThanksResearch](#)

Poking hurts.  
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# CATCHING UP WITH WBAALAS

June 2019

## HAPPENINGS IN LOCAL SCIENCE

### BENAROYA RESEARCH INSTITUTE JOINS VA MASON'S DOWN SYNDROME PROGRAM

Benaroya Research Institute is committed to understanding Autoimmune systems, diseases, and finding better treatment. Currently, Dr Bernard K. is studying the immune system and the causes/effects of autoimmune disease.

Virginia Mason's Issaquah Down Syndrome Program is directed by Rebecca P., MD. About six years ago, she created the program due to the inability to find specialized medical care for her child who was born with Down syndrome.

Studies from the program have shown that people with Down syndrome have a higher risk for developing an autoimmune disease.

Benaroya Research Institute and the Down Syndrome Program at Virginia Mason took this as an opportunity to collaborate resulting in the National Institute of Health, funding the construction of a biorepository. This biorepository is among one of the first in the country built to collect cells from Down syndrome patients to better understand why some cells are more susceptible to developing autoimmune diseases and to improve treatment methods.

Dr. Rebecca P. and Dr. Bernard K.'s research is open to volunteers willing to donate blood samples to help understand how to make existing treatments better.

### BLOODWORKS NORTHWEST

#### *Blood Type O Negative and Positive Shortage*

This organization has been supplying over 100 different hospitals throughout Washington, Oregon and Alaska. Nationally, blood is in short supply however, this is the time of year that yields the least amount of blood donations. Although it's not uncommon for a shortage to occur, there is still a need for volunteers (especially if type O) to help. Right now, volunteers are getting gift cards and state park passes.

# CATCHING UP WITH WBAALAS



## New faces at the allen institute

*Lauren H., MPA takes on her new position as Chief Operations Officer and Todd P., Ph.D. joins as Chief Scientific Officer*

In December of last year, the Allen Institute officially welcomed two new members, Lauren H., MPA and Todd P., Ph.D.

Lauren H., MPA most recently worked as the Executive Director of Administration and Chief Business Officer at Vanderbilt-Ingram Cancer Center in Nashville, Tennessee. She has over 20 years of experience in executive administration. As of early 2019 she has been overseeing all operations at the Allen Institute.

Todd P., Ph.D. comes to the Institute with over 30 years of experience in academic and biotechnology research. He is the former Chief Technology Officer at Synthetic Genomics, Inc. located in La Jolla, California. He has also held leadership and research positions at many other biotechnology companies and has begun his duties as CSO at the Allen Institute this year.

*"I'm thrilled to have Lauren and Todd join our executive leadership team."  
-President and CEO  
Allan J., Ph.D.*

# CATCHING UP WITH WBAALAS

## WASHINGTON BRANCH AALAS AWARDS



Washington Branch AALAS presents two awards annually.

**This year they will be presented during the summer picnic on August 10<sup>th</sup>!**

Visit [wbaalas.org/awards](http://wbaalas.org/awards) to nominate.

### **BETTE J. VARNAM WASHINGTON BRANCH TECHNICIAN OF THE YEAR AWARD**

The Washington Branch Technician of the Year Award was re-named in 1993 as a tribute to Bette J. Varnam. Bette was an Animal Technician with the Division of Animal Medicine (now the Department of Comparative Medicine)

at the University of Washington for 14 years and lost her fight with cancer in June 1991. Bette defined the true meaning of why many of us entered the field of Laboratory Animal Science and remained in it for so many years; she loved the animals and they were her first priority. Throughout her struggles and challenges, Bette never lost sight of her devotion and commitment to being an advocate for those that could not fend for themselves—the animals. The recipients' of this Award carry on a legacy of a true professional and compassionate colleague.

### **RON ORTA WASHINGTON BRANCH MEMBER OF THE YEAR AWARD**

Washington Branch Member of the Year Award was renamed to honor of our friend and colleague who died in 2007. The Award is presented to an individual who has actively participated in the Washington Branch and encourages participation by others in activities which promote Washington Branch AALAS and laboratory animal science in general. Ron had a brilliant career in Laboratory Animal Management and later sales, but his true calling was that of a teacher. He was an active member and participant in the Washington Branch and hosted many Branch Picnics. Because of his commitment of personal time and resources he was honored as an Honorary Lifetime Washington Branch Member. Ron never excluded anyone from anything. In his world there was never an uninvited guest. Ron was very compassionate about helping and fulfilling the needs of those less fortunate. Ron mentored, encouraged, and challenged everyone to achieve high standards in animal care, facility management, self worth and esteem. His memory continues to remain with us through this Award.

*This is an opportunity to recognize and nominate a staff member, fellow co-worker, friend, or acquaintance in the local research community that meets the spirit and intent of each of these awards. Recipients of either of these awards receive a plaque and a \$100 check.*

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# CATCHING UP WITH D8

## **-SAVE THE DATE-**



*Sacramento Valley & Northern CA Branches of AALAS Present:*

## **2020 District 8 Meeting**

**Sacramento, CA**

**April 9-10, 2020**

Sheraton Grand Sacramento Hotel  
13<sup>th</sup> & J Street  
Sacramento, CA

**Join us in the capitol of California for the District 8 Meeting in 2020!**

*MORE DETAILS TO FOLLOW*

*The Planning Committee is working hard to put together an exciting and educational meeting for all to enjoy!*

# CATCHING UP WITH D8

## 2019 DISTRICT 8 MEETING

Thank you to everyone who made it to the 2019 AALAS District 8 Meeting! It was a beautiful venue right in the heart of downtown Seattle!



# CATCHING UP WITH AALAS



- The 2019 AALAS Election is now underway. Voting ends July 2. <https://www.aalas.org/get-involved/election>
- The 2020 ILAM Scholarship application window has opened. Deadline to apply is September 1. We thank Ancare and LAMA for their support. <https://www.aalas.org/news/2019/06/03/Apply-Now-for-an-ILAM-Scholarship>

- Content is being accepted for the September issue of *LAS Pro*. Email us at [laspro@aalas.org](mailto:laspro@aalas.org) for details on submissions.
- The 2019 meeting will be held at the Colorado Convention from October 13-17, 2019. The Spotlight Forum is, "One Health—Connections Between Animal, Human, and Environmental Health. Registration for the 70th AALAS National Meeting is now open. Visit the [National Meeting](#) pages on the AALAS website for more information. To register, click [here](#).



## AALAS COMMUNITY EXCHANGE

Enter a place where AALAS members can exchange knowledge, curate content, incubate ideas, and network with other professionals. Your AALAS membership provides access to ACE, the [AALAS Community Exchange](#). Log in today!



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# LEARNING WITH WBAALAS

## NEW MEMBER BENEFIT FOR 2019!

Washington Branch AALAS now offers members access to **TWO** learning portals!

The logo for the AALAS Learning Library features the text "AALAS LEARNING LIBRARY" in blue and green, with a stylized yellow mouse cursor icon pointing to the right.

## Washington Branch AALAS Learning Portal

The AALAS Learning Library provides training that is essential for technicians, veterinarians, managers, IACUC members, and investigators working with animals in a research or education setting.

Washington Branch AALAS is proud to be able to offer free access to the AALAS Learning Library to all Branch members starting in 2019!

Research, husbandry, and veterinary staff can earn continuing education credits to maintain certification and licensure (up to 34 courses approved by AAVSB for RACE CEs). Check out the over 238 courses available by downloading the [course catalog](#).

### ALAT course

The WBAALAS ALAT Certification Study Course is a 16-week, paced course conducted fully online (on-demand option available).

### LAT course

The WBAALAS LAT Certification Study Course is a 7-week, paced course conducted fully online (on-demand option available).

### LATG course

The WBAALAS LATG Certification Study Course is fully on-demand, fully online.

If you are already a WBAALAS member but do not have access, please contact [education@wbaalas.org](mailto:education@wbaalas.org).

## AALAS LEARNING LIBRARY UPDATES

### ALAT 2009 Course Retirement

The 2009 ALAT Training Manual courses will all be retired and unavailable after August 30, 2019. The ALAT Technician Certification exam will be referenced exclusively to the 2018 ALAT Training Manual courses after this date.

Make sure that you are prepared for the correct version of the exam. Which ALAT courses are you studying?

- **ALAT Courses: 2009?** It's ok to complete these courses for your ALAT prep IF you take the ALAT certification this summer.
- **ALAT Courses: 2018?** It's ok! The current exam is already referenced to the new manual. Keep studying!!

### Bioimaging Training Resources

Train your staff on bioimaging with both of these valuable resources:

#### Three (3) Webinars

- Metabolic Imaging Studies: Physiological Effects of Animal Handling and Housing - Recording available [here](#).
- Imaging Scientific Strategy (May 22) - Recording available here.
- Equipment, Facilities, and Workflows (June 19) - Sign up for the live webinar [here](#).

#### Four (4) Courses in the Bioimaging Series

- Magnetic Resonance Imaging
- Optical Imaging
- PET and SPECT Imaging
- Thermography Imaging

#### One (1) Course in the Scientific Reproducibility Series

- Reproducibility in Preclinical Imaging

# WBAALAS JOB BOARD

INTERESTED IN A LISTING BELOW? CONTACT THE POSTING ORG!

## ANIMAL CAGE WASHER

## BENAROYA RESEARCH INSTITUTE

Seattle - Needed to provide the basic husbandry needs of the rodents housed in the vivarium by cleaning and sterilizing caging and other equipment while maintaining supplies and the general appearance and cleanliness of the facility. For more information, visit: <https://careers-benaroyaresearch.icims.com/jobs>

## ANIMAL TECHNICIAN I-III

## FRED HUTCH

Seattle - Performs routine rodent husbandry, custodial care for the rodent areas, and processes equipment. This is considered an entry-level position for individuals with no prior experience in laboratory animal care procedures or skilled individuals who are transitioning from other animal care positions. The position of tech I-III will be determined depending on experience. For more information, visit:

<https://www.fredhutch.org/en/careers.html>

## ANIMAL EQUIPMENT PREPARER LEAD

## FRED HUTCH

Seattle - Responsible for assisting the Animal Technician Supervisor in oversight of the quality of work in the cage wash facility. Organizes the processing of the rodent facilities' soiled equipment and preparation of items for use. Performs and provides direction for general custodial care for areas within the facility, oversees equipment maintenance, and assists with inventory assessment checks for caging supply. For more information, visit: <https://www.fredhutch.org/en/careers.html>

## VETERINARY TECHNICIAN II

## FRED HUTCH

Seattle - Responsible for performing routine husbandry, housekeeping, and skilled veterinary technical duties necessary for adequate care and support of research animals and facilities. The position performs technical duties of animal care and veterinary support requiring knowledge of contamination, disease processes and biohazard containment. For more information, visit: <https://www.fredhutch.org/en/careers.html>

## ANIMAL CARE TECHNICIAN I

## ALLEN INSTITUTE FOR BRAIN SCIENCE

Seattle - Responsible for the daily care of our research animals and vivarium operations. This position is overseen by a team lead and directly reports to the Senior Manager of Animal Care and Services. Our technicians' typical duties include: daily cage washing, maintaining a clean environment and monitoring the overall health of the animals with the use of Standard Operating Procedures and Work Instructions. For more information, visit: <https://www.alleninstitute.org/what-we-do/brain-science/careers/job-search/>

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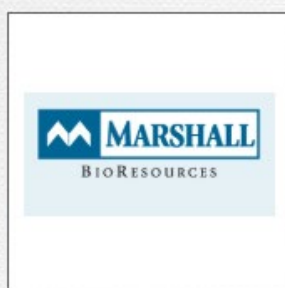
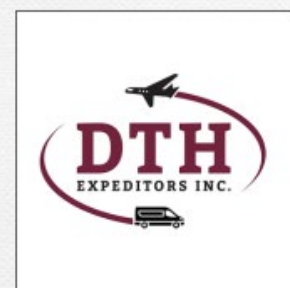
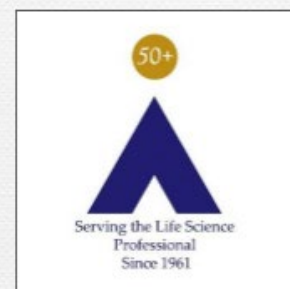
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# COMMERCIAL MEMBERS

INTERESTED IN JOINING WBAALAS AS A COMMERCIAL MEMBER?

Visit the Washington Branch AALAS website at [wbaalas.org/join](http://wbaalas.org/join) for information on membership fees, benefits, and other perks!



# INSTITUTIONAL MEMBERS

INTERESTED IN JOINING WBAALAS AS AN INSTITUTIONAL MEMBER?

Visit the Washington Branch AALAS website at [wbaalas.org/join](http://wbaalas.org/join) for information on membership fees, benefits, and other perks!



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